

Contact Blossom

Phone: 919-774-7886

Website: <http://blossomnc.com>

Facebook: Blossom LLC Deborah Anne Freeman

Pre-registration is required for all classes. For more information and to register call/text 919-774-7886. Each class \$10-\$20/person, sliding scale and Partner Yoga \$15/couple. Check the calendar for updates.

AUGUST 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm	4
5	6 Blossom 9:30am CST for babies 10:45am	7	8	9	10 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm	11
12	13 Prenatal Yoga 9:30am Postnatal Yoga 10:45am	14	15	16	17 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm	18
19	20 Blossom 9:30am CST for babies 10:45am	21	22	23	24 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm	25
26	27 Prenatal Yoga 9:30am Postnatal Yoga 10:45am	28	29	30	31 Partner Yoga 1:30pm	