

Contact Blossom

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Website: <http://blossomnc.com>

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Pre-registration is required for all classes. For more information and to register call/text 919-774-7886. Each class \$10-\$20/person, sliding scale and Partner Yoga \$15/couple. Check the calendar for updates.

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy New Year! No Classes	2	3	4	5 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm	6
7	8 Prenatal Yoga 9:30am Postnatal Yoga 10:45am	9	10	11	12 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm	13
14	15 Blossom 9:30am CST for babies 10:45am	16	17	18	19 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm	20
21	22 Prenatal Yoga 9:30am Postnatal Yoga 10:45am	23	24	25	26 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm	27
28	29 Mom and Baby Yoga 9:30am Sensational Baby! 10:45am	30	31			