

**Contact Blossom**

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Website: <http://blossomnc.com>

Facebook: Blossom LLC Deborah Anne Freeman

Pre-registration is required for all classes. For more information and to register call/text 919-774-7886. Each class \$10-\$20/person, sliding scale and Partner Yoga \$15/couple. Check the calendar for updates.

# JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Blossom 9:30am CST for babies 10:45am	3	4	5	6 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm	7
8	9 Prenatal Yoga 9:30am Postnatal Yoga 10:45am	10	11	12	13 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm	14
15	16 Blossom 9:30am CST for babies 10:45am	17	18	19	20 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm	21
22	23 Prenatal Yoga 9:30am Postnatal Yoga 10:45am	24	25	26	27 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm	28
29	30 Mom and Baby Yoga 9:30am Sensational Baby! 10:45am	31				