

Contact Blossom

Phone: 919-774-7886

Website: <http://blossomnc.com>

Facebook: Blossom LLC Deborah Anne Freeman

Pre-registration is required for all classes. For more information and to register call/text 919-774-7886. Each class \$10-\$20/person, sliding scale and Partner Yoga \$15/couple. Check the calendar for updates.

NOVEMBER 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---------|-----------|---|--|----------|
| | | | 1 | 2 | 3 Dev Movement: Birth to Sitting 1:30pm Sitting to Walking 2:45pm | 4 |
| 5 | 6 Blossom 9:30am CST for babies 10:45am | 7 | 8 | 9 | 10 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm | 11 |
| 12 | 13 Prenatal Yoga 9:30am Postnatal Yoga 10:45am | 14 | 15 | 16 | 17 No Classes | 18 |
| 19 | 20 Blossom 9:30am CST for babies 10:45am | 21 | 22 | 23 Happy Thanksgiving! No Classes | 24 Prenatal Yoga 1:30pm Postnatal Yoga 2:45pm | 25 |
| 26 | 27 Prenatal Yoga 9:30am Postnatal Yoga 10:45am | 28 | 29 | 30 | | |